

# Arkansas 4-H Outlook

April 2010

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The Arkansas 4-H Outlook is a way to advise county extension agents about youth and 4-H opportunities. The 4-H Outlook is sent electronically each month. The information is collected from county extension agents, extension specialists and national publications. The newsletter is e-mailed to all extension employees, volunteers, and 4-H members. On the county level, agents are encouraged to forward this information to volunteers and to 4-H members without e-mail addresses. It is posted on the extension Web site: <http://www.kidsarus.org/go4it/newsletters/Outlook/default.asp>.

### “Off the Press”

#### 4-H Facts and Statistics

#### Source: National 4-H Council

The 4-H youth development movement began more than 100 years ago. It evolved from rural youth programs created by land-grant college and university researchers and the United States Department of Agriculture to introduce new technology to what was then a country of primarily rural communities. As our nation's economic and demographic profiles become more diverse, 4-H adapts and expands to meet the needs of all youth. We now have over 5.9 million youth participating in our programs.

To learn more about our youths' demographics and our approach, please download the following documents.

- Fact Sheet: Youth Development
- Fact Sheet: Youth Statistics
- 4-H FAQ's

<http://4-h.org/b/Assets/MediaCenter/Fact%20Sheet-Youth%20Development.pdf>

<http://4-h.org/b/Assets/MediaCenter/Fact%20Sheet-Youth%20Statistics.pdf>

<http://4-h.org/b/Assets/MediaCenter/4-H%20FAQs.pdf>

**2010 Teen Stars Announced**  
**Brian Helms, Instructor 4-H Youth Development**

The state 4-H program is pleased to announce the 2010 Teen Star Recipients. These outstanding 4-H members will be recognized at the Teen Star & Hall of Fame Banquet June 8<sup>th</sup>, which is during the 33rd Annual Teen Leader Conference, June 8-10, 2010.

**Benton County**

Haley H.  
Christina L.  
Anna H.  
Rachael H.  
Samantha O.  
Sayer S.  
Lensey W.

**Clark County**

Seth H.,  
Rachel B.

**Conway County**

Laura M.

**Craighead County**

Jacily H.

**Crawford County**

Benjamin L.  
Rebekah L.

**Cross County**

Jonathan S.

**Faulkner County**

Taylor M.  
Randy B.

**Franklin County**

Harlee R.

**Greene County**

Ashley K.

**Hot Spring**

Sara H.

**Independence County**

Leigh Ann B.

**Jefferson County**

Raeonia T.

**Johnson County**

Elizabeth S.

**Logan County**

Katie H.

**Polk County**

Bethany B.  
Victoria B.  
Brittney M.

**Pope County**

Jacklyn P.

**Saline County**

Hollie W .  
Jennifer S.

**White County**

Meredith W.  
Katllin E.

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## 4-H Members Attend National 4-H Conference Priscella Thomas-Scott – 4-H youth development associate



A delegation of Arkansas 4-H youth representing several local Arkansas communities attended the 80<sup>th</sup> annual National 4-H Conference in Washington, D.C. The Arkansas delegation returned home from a week in which more than 300 and adults representing 4-H programs across the county gathered to exchange ideas, gain knowledge to share back home and develop recommendations to help guide the future of 4-H programs nationally and in their communities.

Arkansas delegates who attended the conference from March 20-25, include Rachell E., Madison County, Dustin D., Benton County, Catherine H., Independence County, Daniel I., Howard County and Mark S., Boone County.

This year's theme **„Com-Citizens on the Move,“** focused on citizenship and youth civic engagement. Through various conference sessions and facilitated discussions, delegates learned and shared information on: current trends and issues relevant to 4-H and youth; building partnerships and creating innovative 4-H programs; expanding the use of technology; working with diverse groups and impacting community needs.

The delegates also had the opportunity to meet with their legislators on Capitol Hill Day to represent youth from their state and discuss state 4-H programs with congressional members and their staff.

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## 4-H Beekeeping Essay Contest Glenn Studebaker – extension entomologist

Each year the Foundation for the Preservation of Honey Bees sponsors a national essay contest on a specific topic about honey bees. The topic for this year's 4-H Beekeeping Essay Contest was, "Is My Community Honey Bee Friendly?" Each state is allowed one entry into the contest. In Arkansas, 4-H'ers submit their entries in February for judging and the winning essay is submitted to the national contest. There were several very good entries this year. Congratulations to the winners!



First Place: Jenna M., Hickory Ridge, Ark.  
Second Place: Rodney Lynn B., Norfolk, Ark.  
Third Place: Madison T., Benton, Ark.

Jenna's essay has been entered in the national contest to compete against other state winners. The winning essay in the national contest will receive an award of \$750 and will be announced by May 1. Good luck, Jenna!

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## **State 4-H Ambassadors Recognized for Community Service** **Brian Helms – instructor, 4-H youth development**

4-H'ers Dustin D., Benton County, and Zach E., Lonoke County, were named Distinguished Finalists by The Prudential Spirit of Community Awards for their community service. Both will receive engraved bronze medallions. Dustin created two community gardens that have provided fresh produce for 1,400 people, plus a private school lunch program. He recruited 17 youth and adults to help maintain the gardens. Zach helped his 4-H group start an environmental day camp when he was 12. Since then, he has been a camp organizer and counselor, worked with at-risk youth in after-school mentoring programs and led an annual drive to collect cereal for needy children.

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## **Cattlemen Sponsor Etiquette Class for 4-H Teens** **Vicki Shadell – 4-H program assistant, Perry County**

Fourteen youth from Perry County completed a one-day etiquette workshop offered by Perry County 4-H on Saturday. The workshop was led by Jessica McGehee of Casa, with assistance from Corey Ruff. McGehee and Ruff are both 4-H alumni members and attended their first etiquette workshop through Perry County 4-H several years ago. McGehee is now a student at Arkansas Tech University, and Ruff attends the University of Arkansas Community College at Morrilton. McGehee told the participants, "I have always been grateful for the opportunity to learn proper etiquette. It is important in the real world and you will use what you learn here today." The participants learned how to set a place setting correctly, proper serving techniques, how to be served with manners, and other important etiquette topics necessary for dating and dining in formal situations.

The participants included Beth O., Joseph N., Rachel M., Shelby M., Candace R., Alana P., Kayla S., Jade B., Destiny J., Spirit J., Jayme S., Jessica M., Whitney W., and Taylor M. Volunteers Kelly and Susan McGehee, Joey Shadell and Juanita Nutt prepared the "practice meal" for the youth. Served in courses, the meal included broccoli and cheese soup, salad, sirloin steak, baked potato and rolls with iced tea and water, and cake and ice cream for dessert.

The Perry County Cattlemen's Association joined with Perry County 4-H to present a day-long Etiquette Workshop designed for teens. In announcing the sponsorship, Paul McNeal said the partnership with 4-H and the Cattlemen's Association was a "natural fit." McNeal went on to say, "the Cattlemen and 4-H members are very closely related in our goals and in the people we serve." McNeal explained, "The Arkansas and Perry County Cattlemen's Associations are a non-profit organization designed to support the function of the Association while laying a foundation for the future of our younger cattlemen and women."

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## Resources and Opportunities

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### **Clovers & Company to Headline TLC Brian Helms – instructor, 4-H youth development**

The Georgia 4-H Clovers & Company performing arts troupe will perform Wednesday evening, June 9<sup>th</sup> during the 2010 Teen Leader Conference. The nationally recognized troupe made up of singers, dancers, and instrumentalists have been performing for 29 years.

This year's conference theme is: "Getting Geeky...Taking a Byte out of Technology," and will feature workshops focused on technology. In addition, this year's conference will include the Teen Star and Hall of Fame Banquet, speakers during the opening and closing assemblies and community service supporting Arkansas Children's Hospital. Online registration is due April 15, 2010 and the cost for general delegates is \$165.

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### **4-H 5K Run/ Walk Priscella Thomas – 4-H youth development associate**

It is time to pull out those running shoes and get ready for the 6th Annual 4-H Youth & Family 5K Run/Walk that will be held at the beautiful C.A. Vines Arkansas 4-H Center in Ferndale, Ark. on **Saturday, April 17, 2010.**

#### **Registration**

Pre-register by filling out an entry form.

Make checks payable to Arkansas 4-H Foundation C/O 4-H 5-K, and mail to C.A. Vines  
Arkansas 4-H Center, #1 Four-H Way,  
Little Rock, AR 72223

Youth cost is \$5 if pre-registered or \$10 day-of-the race.

Adult cost is \$15 if pre-registered or \$20 day-of-the race.

Entry forms can be uploaded at [http://www.kidsarus.org/go4it/Activities\\_Events/5KRun/](http://www.kidsarus.org/go4it/Activities_Events/5KRun/)

#### **Start Times**

7:30 a.m. Registration/package pick-up begins

9:00 a.m. 5K begins

11:00 a.m. Awards

In an effort to support county programming, the county with the most participants will receive a \$250 educational scholarship. The scholarship is to support county healthy lifestyles programming. Healthy Lifestyles is an emphasis area of the state Arkansas 4-H program.

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## **4-H O-Rama! Right Around the Corner**

### **Priscella Thomas – 4-H youth development associate**

The District 4-H O-Ramas are right around the corner! The theme for 4-H O-Rama is *“Reaching New Heights Through 4-H.”*

The 4-H O-Ramas provide an opportunity for 4-H members to exhibit the skills they have developed through their project work in a variety of competitive activities. The events are open to both Junior and Senior 4-H members.

The District 4-H O-Rama dates and locations are:

| <b>District</b> | <b>Date</b> | <b>Location</b>                               |
|-----------------|-------------|---|
| Ouachita        | June 15     | Malvern High School                           |
| Ozark           | June 16     | Atkins High School                            |
| Delta           | June 17     | East Arkansas Community College, Forrest City |

Specific guidelines for each activity, rules and regulations can be found in the O-Rama Packet.

The O-Rama Packet is located at the following link:

[http://www.kidsarus.org/go4it/Activities\\_Events/event\\_packet/default.htm](http://www.kidsarus.org/go4it/Activities_Events/event_packet/default.htm)

If you have questions about O-Rama, please contact Priscella Thomas-Scott at [pthomas@uaex.edu](mailto:pthomas@uaex.edu).

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## **OMK Camps Dates Announced**

### **Maureen Rose – OMK director**

**Operation Military Kids Camps: All Camps are free to children of military personnel: pre-deployment, deployed, or post-deployment.**

- **April 30, May 1 and 2. Metro Camp for youth ages 9-12.** An urban exploration experience. Campers will be transported from the C.A. Vines 4-H Center to spend Saturday in Little Rock, explore using GPS, get to walk the Big Dam Bridge, learn how the lock and dam system works, and enjoy other kid-friendly and exciting spots before ending the day around a campfire. Sunday: an outdoor exploration experience.
- **June 21-25. Movie and Arts Camp for youth ages 13–18.** A Speak Out for Military Kids camp for youth to tell the story of the military child through the arts and a documentary film. Artists will be there to help the campers tell their stories through visual, performing and writing arts, and

the T Tauri Film Festival faculty will teach moviemaking. The completed arts projects and documentary film will be presented at an afternoon Red Carpet Event, open to the public, on June 25. NOTE: This camp is also open to a few non-military children interested in joining Speak Out for Military Kids.

- **Fit, Fun and Friendly Boot Camps for Military Kids ages 5-8.** There will be five one-day camps in various locations around the state, from 8 a.m. to 5 p.m. Dates and locations include:
  - July 1 - Central Arkansas – First Baptist Church, Cabot**
  - July 6 - Northwest Arkansas – Sebastian County Extension Office, Fort Smith**
  - July 7 – Washington / Benton County – Washington County Extension Office, Fayetteville**
  - July 9 - Northeast Arkansas – Craighead County Extension Office, Jonesboro**
  - July 13 OR July 15 - South Arkansas – Arkadelphia (location to be announced)**
- **August 8-11. Camo Camp for youth ages 13-18.** An outdoor adventure camp that includes archery, swimming, canoeing, nature and wildlife exploration, ropes course elements, and team cardboard boat building and racing.
- **September 17-19. Northwest Arkansas Metro Camp for youth ages 9–12.** An urban exploration experience. Campers will be transported from Camp Sequohah to spend Saturday in the urban Washington/Benton County area, explore using GPS, visit various arts and educational settings, and enjoy exciting kid-friendly spots before ending the day with a campfire experience. Sunday: an outdoor exploration experience.

**For more information on Arkansas OMK programs and camps, or to volunteer, contact Maureen Rose, OMK director, at 501-671-2066 or [mrose@uaex.edu](mailto:mrose@uaex.edu). For nationwide OMK information, go to [www.operationmilitarykids.org](http://www.operationmilitarykids.org)**

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## **4-H Poster Art Contest**

### **Chris Meux - design specialist**

The 4-H Poster Art contest is open to all 4-H members ages 9-19.

Posters should be 14 inches by 22 inches in dimension and may be horizontal or vertical. Posters may be any medium of art—watercolor, ink, crayon, acrylic, charcoal, oils or collage. They cannot contain any copyrighted material, such as cartoon characters, and cannot have any three-dimensional items on them. One poster entry per 4-H member will be accepted.

The 4-H member's name, age, county, full address and brief interpretation of artwork must be affixed to the back of the poster in the upper left hand corner. (You may use a three-inch by five-inch index card.)

Posters should be submitted (flat, not rolled) to the state communications office, Attn: Chris Meux.

Ten finalists will be selected for competition in the Mid-South Fair Poster Art Contest. The awards at the Mid-South Fair are listed below:

1st Place - \$45 plus ribbon  
2nd Place - \$35 plus ribbon  
3rd Place - \$25 plus ribbon  
4th Place - \$15 plus ribbon  
5th Place - \$10 plus ribbon  
Two Honorable Mentions - \$5 each plus ribbon

On the state level, the top ten winners will receive certificates, which will be presented at the Regional 4-H O-Ramas. The themes for 2010 are as follows:

The Century of Believing; a Future of Achieving  
Open theme (create a poster and theme to go with it)

The extended deadline for this year's poster art contest will be May 14, 2010.

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## **RES-Q Has a New Name**

### **Joel Gill – Arkansas Outdoor School program coordinator**

Exciting news! The RES-Q outdoor education program based at the C.A. Vines Arkansas 4-H Center has officially changed its name to the "Arkansas Outdoor School."



For the past 16 years, the RES-Q (Responsible Environmental Stewardship-Quest) program has been a leader in environmental and outdoor education in Arkansas. Over those years, RES-Q has partnered with agents and educators to provide meaningful outdoor experiences for thousands of youth. As a result of those partnerships, strong relationships have been created between RES-Q and those it serves.

In order to deliver a greater variety of programs and appeal to a broader audience, program staff recently considered a program name change. In the fall of 2009, a survey was conducted to gather input about this important decision. Thank you to those of you that participated in the survey.

Although our program name has changed, we intend to continue to be a leader in environmental and outdoor education in Arkansas. We hope to continue to partner with

agents and educators to provide meaningful outdoor experiences for youth. It is our intention to continue to develop strong relationships with those we serve as we look to expand our programs.

If you are unfamiliar with our programs or just need to become reacquainted with what we can offer your group or class, please do not hesitate to contact us or visit us online at: [www.kidsarus.org/arkoutdoorschool.htm](http://www.kidsarus.org/arkoutdoorschool.htm)

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## Deadlines and Upcoming Events

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### April Calendar of Events

#### Due Dates:

- 1 Adult Volunteer Leaders Association Agent, Leader, Program Assistant and Specialist of the Year Applications  
Counselor Applications for Forestry and Wildlife and State Camps  
Forestry Contest Applications  
Hall of Fame Nominations  
Innovative Program Grant Applications  
Northwest Arkansas District Junior Spring Livestock & Poultry Show Registration  
Pumpkin & Watermelon Seed Requests to 4-H Office  
Teen Leader Conference Applications  
Wildlife Habitat Evaluation Contest Registration

#### Activity Dates:

- 9-10 Horse Festival, U of A Pauline Whitaker Arena, Fayetteville  
Northwest Arkansas District Junior Spring Livestock & Poultry Show, Fayetteville
  - 9-11 4-H High Adventure Backpacking Shakedown, 4-H Center
  - 16-17 Tech Team Workshop No. 1: Personal Best Projects, 4-H Center  
Spring 4-H Volunteer Forum, 4-H Center
  - 17 4-H 5K Run/Walk, 4-H Center  
District Broiler BBQ, Fayetteville, Poultry Center of Excellence
  - 18-24 National Volunteer Week ([www.pointsoflight.org](http://www.pointsoflight.org))
  - 23 State Wildlife Habitat Evaluation Contest, Logan County
  - 24 District Broiler BBQ, Batesville (Independence County Fairgrounds)
  - 28 State Grassland Evaluation Judging Contest, date tentative, location TBA
  - 4/30-5/1 Spring Livestock Show, State Fairgrounds
  - 4/30-5/2 Operation Military Kids Camp – Central Arkansas Metro Camp, 4-H Center
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## May Calendar of Events

### Due Dates

- 3 Ambassador Re-Certifications Due to LRSO  
Officer Election Applications  
Poster Art Entries, LRSO – Communications Office  
SEEK Registration begins and goes through spring and summer until classes are full  
Teen Star/Hall of Fame Banquet Server Applications
- 15 IRS e-file Deadline for 4-H Clubs with Dec. 31<sup>st</sup> fiscal year end
- 17 4-H YHEC/State Shooting Sports Competition Registration
- 28 Ross Photo Exhibit Entries to LRSO Communications Office  
Alumni Search Info to LRSO

### Activity Dates

- 4/30-5/1 Spring Livestock Show, State Fairgrounds
- 1 District Broiler BBQ, 4-H Center
- 4-6 National 4-H Land Judging Contest, OKC
- 6-8 Adult Horsemanship Clinic, UA Pauline Whitaker Arena, Fayetteville
- 11 Pizza Ranch, State Fairgrounds
- 13 Forestry Contest, 4-H Center
- 15 District Broiler BBQ, Arkadelphia (Clark County Fairgrounds)
- 21-22 Training for Selected State Camp Counselors, 4-H Center

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The State 4-H Newsletter, prepared from national and state sources, is edited and compiled by Priscella Thomas-Scott, 4-H youth development associate. For more information about the news and opportunities found in the Arkansas 4-H Outlook, please contact Priscella Thomas-Scott at 501-671-2271 or [pthomas@uaex.edu](mailto:pthomas@uaex.edu).

University of Arkansas, United States Department of Agriculture and County Governments Cooperating

The Division of Agriculture offers its programs to all eligible persons regardless of race, color, national origin, religion, gender, age, disability, marital or veteran status, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer.